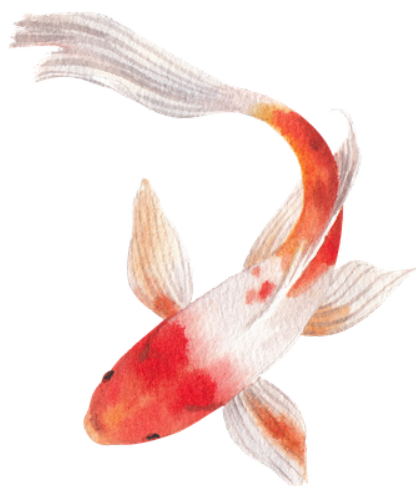




Poulton
gochu | 愛
Brunch

FRIDAY 12:00-15:00
SATURDAY 12:00-15:00





Poulton gochu | 愛 Brunch



Snacks

EDAMAME BEANS (Ve)	5.00
PORK QUAVERS	6.00
KARAAGE CAULIFLOWER (Ve)	6.00
CRISPY SQUID	10.00

Sushi

KIMCHI MAKI (Ve)	6.00
Chives, Spicy Vegan Mayo, Tonkatsu BBQ, Crispy Shallots.	
SALMON URAMAKI	7.50
Spicy Mayo, Avocado, Keta Caviar.	
BUFFALO CHICKEN MAKI	7.00
Mango, Garlic & Karashi Ranch, Pickled Red Onion & Chives.	
BEEF NIGIRI (3 pcs)	9.00
Gochujang Ketchup, Crispy Shallots & Dill.	

Bento

Served with edamame, sticky rice, pickled veg & crispy seaweed.



BEEF FILLET	15.00
SALMON SASHIMI	12.00
MUSHROOM GYOZA (Ve)	12.00
TENDERSTEM (Ve)	10.00
CHICKEN THIGH	12.00
Options from grilled or fried chicken.	

Acai Bowl

ORGANIC BRAZILIAN AÇAÍ	6.00
Served with granola. Add up to 2 toppings:	
Spirulina, Honey, Bee Pollen.	+0.50
Strawberries, Banana, Raspberries, Kiwi, Mango, Almond Butter.	+1.50

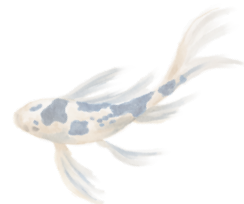
Salads

Served with vermicelli, seasonal veg & lemon mustard dressing.

BEEF FILLET	15.00
GRILLED CHICKEN	12.00
MARINATED PRAWN	12.00

Sides

FRIES (Ve)	3.00
SALT & PEPPER FRIES (Ve)	4.50
TERIYAKI TENDERSTEM (Ve)	5.00
STICKY RICE (Ve)	4.00



Poulton
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Brunch



Smoothies

FUJI To Rebuild 5.50
Peach, Pineapple, Greek Yogurt &
Honey

SHIZEN For Wellbeing 5.00
Kiwi, Spinach, Cucumber, Chia Seeds,
Banana & Apple

Shots

KÖRI For Power 3.50
Pineapple, Lime & Mint

KAIZEN To Stay Full of Life 3.50
Ginger, Turmeric, Lemon & Apple

Matcha

LATTE 4.50

ICED LATTE 4.50

Extras

SYRUPS +0.50
Caramel, Vanilla, Sugar Syrup.

ALTERNATIVE MILK +0.50
Oat, Almond, Coconut.

Juices

PASSHON FURUTSU For Vitality 4.50
Passionfruit, Mango, Orange &
Apple

SAKURA For Recovery 4.50
Strawberry, Watermelon & Coconut
Water

Boost

GENKI To Gently Re-Energise 4.90
Matcha Coconut Vanilla Cold Foam,
Coconut Water

KOKORO To Comfort the Soul 4.80
Miso Caramel Cold Foam, Double
Espresso Iced Latte

Coffee

DOUBLE ESPRESSO 3.00

AMERICANO 3.50

FLAT WHITE 4.00

CAPPUCCINO 4.30

LATTE 4.30

ICED LATTE 4.30

